



President:
Rtn. Dr M S Arunkumar Shetty

9591339900

Imm. Past President:

Rtn. Mohan Nair

9538086111

Vice President:

Rtn. Dr. Sudarshan C. M.

9449082908

Secretary:

Rtn. Shambhavi Prabhu

9845233972

Joint Secretary:

Rtn. PDG Krishna Shetty

9880066488

Treasurer:

Rtn. J. V. Shetty

9480949867

Joint Treasurer:

Rtn. Ajith Rao

8494945262

President Elect 2026-27 &

Director : Club Service I

Rtn. Sudarshan Nayak

9353231671

Director: Club Service II:

Rtn. Subraya Prabhu

9880622952

Director: Vocational Service :

Rtn. Dr. Prakash K. E.

9448123071

Director: Community Service :

Rtn. Dr. Shivaprasad

9343561455

Director: International Service

Rtn. Vishwanath Shetty M

7829471641

Director: Youth Service :

Rtn. Rajesh Baliga

9844736531

Sergeant At Arms:

Rtn. Dr. Suresh Rao

9844005122

Rotary Bal Bhavan Chairman:

Rtn. PDG Krishna Shetty

9880066488

Bulletin Editor :

Rtn. Dr. Satish Kumar Shetty

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9449830899

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Christmas and New Year Resolutions

Christmas and New Year resolutions emphasize self improvement, strengthening relationships, spiritual growth, and overall well being. Common goals include exercising regularly, eating healthier, spending meaningful time with loved ones, learning new skills, saving money, and volunteering. These traditions encourage gratitude and thoughtful reflection as the new year begins.

Common Personal Resolutions

Health and Wellness : Exercise more regularly, Eat healthier, Quit smoking, Improve sleep habits

Personal Growth : Learn a new skill, Start a new hobby, Read more books, Become more organized

Financial Goals : Save money, Reduce unnecessary spending, Pay off debts

Social & Family : Spend more quality time with friends and family, Be kinder and more supportive to siblings, Participate in volunteer activities

Christmas Specific Resolutions

Spiritual Focus : Attend church services, Reflect on blessings, Express gratitude to the Lord

Spreading Joy : Reach out to those who were missed on Christmas Day, Extend the spirit of Christmas beyond a single day, Bring joy and positivity to the workplace

Collective Goal Setting : Create a shared team calendar for joint activities. Encourage responsibility and collaboration

New Year Resolutions (Themes of Renewal)

Reflection : Review the past year's achievements and challenges, Set realistic and meaningful goals for the coming year

Habit Replacement : Replace unhealthy habits (such as excessive screen time) with positive routines

Positive Mind-set : Approach the new year with optimism and openness to change

Connecting : Stay connected with loved ones, including through virtual means when needed

These resolutions help individuals begin the year with clear intentions, focusing on personal development, meaningful relationships, and community involvement.



PROGRAMME 07.01.2026 AT 07.00 PM

CELEBRATION OF CHRISTMAS & NEW YEAR

Ann & Annets invited

Dinner Meeting

Next meeting. 13. 01. 2026 AT 07.00 PM

Speaker meeting

Ann & Annets invited

Proceedings of the Rotary Club Weekly Meeting - December 30, 2025

Agenda: Annual General Body Meeting

Welcome : Club President Rtn. Dr. M. S. Arun Kumar Shetty welcomed all Rotarians, invitees, Anns, Annets, and guests and informed them about the performance and achievements of the club during the first half of the current year. The president announced that the club has achieved 24 out of 26 targets set for the year, the club has completed 94 programs and projects and become the first club in RI District 3181 to receive the Rotary International Banner Award for the year, and it is in second place among medium-sized clubs in the district for the Leadership Board 2025-26 as of date. The president thanked the office-bearers, board members, and all members for the support and cooperation.

Proceedings of the AGM : President-elect Rtn. Sudharshan Nayak announced the unanimous election of the 8 office bearers for the year 2026-27:

1. President Elect: Rtn. Shambhavi Prabhu **2. Secretary:** Rtn. Ganesh Hegde **3. Treasurer:** Rtn. Dinesh Kamath

4. Directors elected : Rtns. Dr. K. E. Prakash, Mohan Nair. Ajith Rao, Dr. Sukesh Rao & Rajesh Baliga,

President nominee Rtn. Shambhavi Prabhu and Secretary-elect Rtn. Ganesh Hegde delivered their acceptance speech and thanked all office bearers and members for their trust and support.

Rtn. J. V. Shetty presented the annual financial report for the year 2024-25 (club and trust), which was approved by the house. The House also approved the auditor CA Sudhesh Rai, for the year 2026-27 and his remuneration at Rs. 15250 + GST.

Announcements by the President

- The Yoga Camp conducted jointly with Pathanjali Yoga Samithi was held from 14th to 28th December 2025 at Balabhavan under the guidance of Dr. Jnaneshwar Nayak. The valedictory function of which was held on 28.12.2025, and yoga guru Eknath Baliga was the chief guest on the occasion.
- The second half-yearly due of Rs. 9,750 is payable by 31st December 2025.
- The trust deed amendment of Rotary Mangalore North Charitable Trust is being finalized in consultation with the experts.
- The president explained about the outstanding property tax dues with respect to Rotary Balbhavan.
- Installation of Vivekananda RCC Polali was held on 24th December 2025.
- Club President Rtn. Dr. Arun Kumar Shetty, Rtn. Vishwanath Shetty, and Rtn. Dr. Shivaprasad K participated in the Bhoomi Pooja of AndaKalavidara Geetha Gayana Sangha at Narikombu, sponsored by Rotary Club Bantwal, on 24th December 2025.
- Rotary Club Peenya is organizing a free limb fitment camp from 3rd to 9th January 2026 in Bangalore. Members are requested to share this information for the benefit of the needy.

Member Recognition

- Rtn. MD Dr. Shivaprasad K sponsored bags worth Rs. 35,000 for the Netball Championship at Pilikula as part of the Public Image project.
- Rtn. Subraya Prabhu was chief guest at the bank examination training program jointly organized by the All India Advocates Association, Haleyangadi.
- Rtn. Ramanand Pai won 3rd Prize in the Photo Contest for capturing the "Most Attractive Moment."

Birthday Wishes : Rotarians and Anns celebrating their birthdays were wished success in their future endeavors.

Acknowledgments : Invocation: Rtn. T. G. Shenoy, Welcome & Vote of Thanks: Rtn. Ganesh Hegde

Other matter:

- Rtn. Lohidas suggested conducting the Charter Night at the end of the Rotary year and giving past presidents an opportunity.
- Rtn. Subraya Prabhu conducted a laughter session to conclude the meeting.
- It was resolved to have the next weekly meeting on Wednesday, 7th January 2026, due to Angaraka Sankashti.

Closing : The meeting concluded with the National Anthem, followed by a fellowship dinner sponsored by the club.

Prof. Dr Shivaprasad K MD (Hom)
Prof. Dr Jyoshna S MD (Hom)
Consultant Homoeopaths

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Dr Shivaprasad's

Swathi Homoeopathic Clinic
Alake, Mangaluru - 575003

Established in 1991

Olayinka Hakeem Babalola selected as 2026-27 Rotary International President

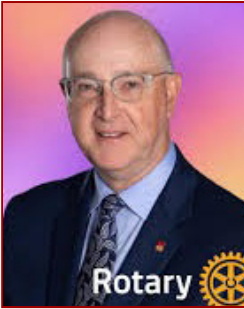
Olayinka Hakeem Babalola, a member of the Rotary Club of Trans Amadi, Nigeria, has been selected by the Rotary International Board of Directors to serve as president for 2026-27, beginning 1 July 2026. He was chosen following the resignation of President elect Sang Koo Yun, who stepped down to focus on recovery from cancer treatment.

Babalola began his Rotary journey in 1984 as a Rotaractor and joined the Rotary Club of Trans Amadi in 1994. His leadership roles include district governor (2011-12), RI vice president (2019-20), and RI Board member (2018-20). He has also served on key committees such as the End Polio Now Countdown to History Campaign Committee and the Nigeria National PolioPlus Committee.

A 1988 engineering graduate, Babalola spent 25 years in the oil and gas sector, holding senior roles at Shell PLC. He later founded Riviera Technical Services Ltd. and Lead and Change Consulting. His professional affiliations include the Nigerian Society of Engineers, the Institute of Safety Professionals of Nigeria, and the Association of Change Management Professionals. He is also a member of the Jericho Businessmen Club in Ibadan.

Babalola and his wife, Preba, reside in Port Harcourt. He is a strong supporter of the Rotary Foundation and a trustee of ShelterBox UK. His honors include the Africa Centennial Heroes Award, the Regional Service Award for a Polio Free World, the RI Service Above Self Award, and the Rotary Foundation Citation for Meritorious Service.

The Rotary International president serves a one year term, leading the Board of Directors, representing Rotary globally, and inspiring members worldwide. Presidents are chosen from leaders with extensive Rotary experience, including service as club president, district governor, and board member.



RTN. LARRY A. LUNSFORD
RI President Nominee
for the year 2027-28

*The most
powerful thing
in life is
our thinking.
Which has
ability to
change any
situation*



Rtn. Dr. K.E.
Prakash received
the Best Dressed
Man award at the
"Abhiman
Mansions
Apartment New
Year 2026 Party."



Proceedings of the Rotary Club Weekly Meeting



Treasurer Rtn. J.V. Shetty presenting the
Annual Financial Report for the year 2024-25



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Prop: Walter D'Cunha





Office bearers : President Elect for the year 2026-27: **Rtn. Sudharshan Nayak**; President nominee for 2027-28: **Rtn. Shambhavi Prabhu**; Secretary Elect 2026-27: **Rtn. Ganesh Hegde**, Treasurer **Rtn. Dinesh Kamath**.

Everyday is special if you **THINK** so.
Every moment is memorable if you **FEEL** so.
Everyone is unique if you **SEE** so.
Life is Beautiful if you **LIVE** so.
Think positively and live happily..

Happy Birthday



Rtn K Ajith Rao
31st Dec



Ann Rekha Mohan
31st Dec

Annet Shivani Babitha Rohinath, 31st Dec.
Annet Shobha T. G. Shenoy 2nd Jan
Jone Akhilesh Radhakrishna Rai 4th Jan.



Sneha Saurabha
2025-26

ROTARY DISTRICT CONFERENCE 2025-26

30th, 31st January & 01st February 2026

Silent Shores Resorts & Spa
#85-07, BEML Road, Hootagalli, Mysore - 570018

Register from your mobile phone

www.sneha2026.in

Get ready for a spectacular celebration of unity, purpose and joy.
The flagship event of Rotary District 3181 for the Rotary year 2025-26.
This grand three-day event in Mysore promises an unforgettable experience for Rotarians, Rotaractors and their families. The event is designed to refresh your mind, energise your spirit and deepen the bonds of service and friendship.

Registration Fees

Rotarian	5,000
Rotarian + Spouse	8,000
Ann	4,000
Annet	2,000
Innerwheel Member	3,500
Guest	5,000
Rotaractor	2,500
Silver Donor	20,000
Silver Sponsor	25,000
Gold Sponsor	50,000
Platinum Sponsor	75,000
Patron Sponsor	1,00,000



For registration contact Rtn. Ramachandraraje Urs S - 9845912101

Happy Wedding Anniversary



Rtn. Walter Dcunha & Ann Lydia 31st Dec



Rtn. Arun Kumar Shetty & Ann Amitha 6th Jan.



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